



Shabbat Service





Shofar Blessing

Baruch atah Adonai, Elohenu melech ha'olam. Asher kid'shanu b'mitzvotav v'tzivanu lishmo'ah kol shofar.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעֶלְם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לִשְׁמֹעַ קוֹל שׁוֹפָר

Blessed are You, Oh L-rd, King of the universe, who sanctifies us with His commandments and commands us to hear the sound of the shofar.

Tekiah!

תְּקִיעָה

Shevarim!

שְׁבָרִים

Teruah!

תְּרוּעָה

Tekiah Gadol!

תְּקִיעָה גְּדוֹלָה





Mah Tovu

Mah tovu ohah lechah Ya'akov, Mishk'no techah Yisra'el. Va'ani b'rov chasdechah, avo veytechah, Eshtachaveh el heychal kod'sh'chah b'yirah techah.

מח טובו אהליך יעקב משכנותיך ישראל
ואני ברב חסדך אבא ביתך אשתחווה אל היכל קדשך ביראתך

How goodly are your tents Oh Jacob? Your tabernacles, Israel. And in Your great compassion, I will come into your house. There I will bow, there I will fear Thy Holiness Oh L-rd.





Bar'chu (Before Readings)

Bar'chu et Adonai ham'vorach.

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ

Bless the L-rd who is blessed.

Baruch Adonai ham'vorach l'olam va'ed.

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד

Blessed is the L-rd who is blessed forever and ever.

Baruch Adonai ham'vorach l'olam va'ed. Baruch atah Adonai, Elohenu Melech ha'olam, asher bachar banu mikol ha'amim, v'natan lanu et Torato. Baruch atah Adonai, noten HaTorah. Amen.

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד
אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר בָּחַר בְּנוֹ מִכָּל הָעַמִּים וְנָתַן לָנו אֶת תּוֹרָתוֹ
בְּרוּךְ אַתָּה יְיָ נוֹתֵן הַתּוֹרָה

Blessed is the L-rd who is blessed forever and ever. Blessed are You, Oh L-rd our G-d, King of the universe, who has chosen us from among the peoples, and given us the Torah. Blessed are You, Oh L-rd, giver of the Torah. Amen.





V'Shamru

V'shamru v'neh Yisra'el et HaShabbat, la'asot et HaShabbat l'dorotam b'rit olam.

V'shamru v'neh Yisra'el et HaShabbat, la'asot et HaShabbat l'dorotam b'rit olam.

Beni u'ven b'neh Yisra'el or hi l'olam, or hi l'olam, or hi l'olam.

V'shamru v'neh Yisra'el et HaShabbat, la'asot et HaShabbat l'dorotam b'rit olam.

Ki sheshet yamim asah Adonai et hashamayim v'et ha'aretz.

V'shamru v'neh Yisra'el et HaShabbat, la'asot et HaShabbat l'dorotam b'rit olam.

Uvayom hashvi'i, shavat vayinafash, shavat vayinafash, uvayom hashvi'i.

V'shamru v'neh Yisra'el et HaShabbat, la'asot et HaShabbat l'dorotam b'rit olam.

<p>וּשְׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם וּשְׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם בֵּינִי וּבֵן בְּנֵי יִשְׂרָאֵל אֹרֵךְ הַיּוֹם לְעוֹלָם אֹרֵךְ הַיּוֹם לְעוֹלָם וּשְׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם כִּי שֵׁשֶׁת יָמִים עָשָׂה יְהוָה אֶת הַשָּׁמַיִם וְאֶת הָאָרֶץ וּשְׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם וּבַיּוֹם הַשְּׁבִיעִי וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנְפֹשׁ שָׁבַת וַיִּנְפֹשׁ וּשְׁמְרוּ בְנֵי יִשְׂרָאֵל אֶת הַשַּׁבָּת לַעֲשׂוֹת אֶת הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם</p>

Wherefore the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generations, for a perpetual covenant. It is a sign between Me and the children of Israel forever: for in six days the L-rd made heaven and earth, and on the seventh day he rested, and was refreshed.





Blessing of the Messiah

Baruch atah Adonai, Elohenu Melech ha'olam.
Asher natan lanu et derech hayeshuah b'Mashiach Yeshua.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר נָתַן לָנוּ אֵת דְּרֶךְ בְּמִשִּׁיחַ יֵשׁוּעַ

Blessed art Thou, Oh L-rd our G-d, Ruler of the universe. You have
provided the way of salvation in Messiah Yeshua.





Sh'mah

Sh'mah Yisra'el Adonai Elohenu, Adonai echad. Baruch shem k'vod malchuto l'olam va'ed. Yeshua HaMashiach Hu Adonai.

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד יֵשׁוּעַ הַמְּשִׁיחַ הוּא יְיָ

Hear, Oh Israel, the L-rd is our G-d, the L-rd is One. Blessed be the Name of His glorious kingdom forever and ever. Yeshua the Messiah - He is L-rd. Amen.





V'ahavtah

V'ahav'tah et Adonai Elohechah b'chol l'vav'chah uv'chol nafsh'chah uv'chol m'odechah. V'hayu had'varim ha'eleh asher anochi m'tzav'chah hayom al l'vavechah. V'shinan'tam l'vanechah v'dibar'tah bam b'shiv'techah b'vetechah uv'lechat'chah vaderech uv'shach'b'chah uv'kumechah.

Uk'shar'tam l'ot al yadechah v'hayu l'totafot ben enechah, Uch'tav'tam al m'zuzot betechah uvisharechah. L'ma'an tizk'ru va'asitem etcholmitsvotai vih'yitem k'doshim lelohechem. Ani Adonai Eloheichem asher hotzeti et'chem me'erezt Mitz'rayim lih'yot lachem l'elohim. Ani Adonai Eloheichem.

וְאֶהְבֶּתָּ אֹת יְיָ אֱלֹהֶיךָ בְּכָל לִבְבְּךָ וּבְכָל נַפְשְׁךָ וּבְכָל מְאֹדְךָ וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנֹכִי מְצַוְּךָ הַיּוֹם עַל לִבְבְּךָ וְשִׁנְנֶתָם לְבִנְיָךָ וּדְבַרְבֶּתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלִכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ וּקְשַׁרְתָּם לְאוֹת עַל יָדְךָ וְהָיוּ לְטֹטְפֹת בֵּין עֵינֶיךָ וְכִתַּבְתָּם עַל מְזוֹזֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ לְמַעַן תִּזְכְּרוּ וּשְׁעִיתֶם אֶת כָּל מִצְוֹתַי וְהָיִיתֶם קְדוֹשִׁים לְאֱלֹהֵיכֶם אֲנִי יְיָ אֱלֹהֵיכֶם אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם לְהִיּוֹת לְכֶם לְאֱלֹהִים אֲנִי יְיָ אֱלֹהֵיכֶם

You shall love the L-rd your G-d with all your heart, with all your soul and with all your might. And these words that I command you today shall be in your heart. And you shall teach them diligently to your children, and you shall speak of them when you sit at home, and when you walk along the way, and when you lie down and when you rise up. And you shall bind them as a sign on your hand, and they shall be for frontlets between your eyes. And you shall write them on the doorposts of your house and on your gates. That you may remember, and do all of My commandments, and be holy unto your G-d. I am the L-rd, your G-d, who led you from the land of Egypt to be a G-d to you. I am the L-rd, your G-d.





Mi Chamochah

Mi Chamochah ba'elim Adonai Mi Chamochah nedar bakodesh Norah t'hilot oseh feleh.

מִי כְמוֹכָה בְּאֱלִים יְיָ מִי כְמוֹכָה נְאֻדָּר בְּקֹדֶשׁ נוֹרָא תְהִילַת עֲשֵׂה פֶלֶא

Who is like You, Oh L-rd among the gods? Who is like You, L-rd there is none else. You are awesome in praise, doing wonders Oh L-rd. Who is like You Oh L-rd?





Introduction to the Amidah

The Shemoneh Esrei is perhaps the most important prayer of the synagogue. Among observant Jews, it is referred to as HaTefillah, or "the prayer" of Judaism. The prayer is also sometimes called Amidah ("standing") because it is recited while standing and facing the Aron Kodesh (the ark that houses the Torah scrolls).

The basic form of the prayer is believed, by tradition, to have been composed by the 120 Men of the Great Assembly in the fifth century B.C.E. - including Ezra, Nehemiah, Mordechai, Zerubbabal, Haggai, Zechariah and Malachi. Some scholars surmise that the L-rd's Prayer of Yeshua is a concise restatement of the Amidah, containing the three main sections of Praise, Petitions, and Thanks. Today the Amidah is a main section of all Jewish prayer books. Next to the Shema, the Amidah is the most widely recited Hebrew prayer in the world.





Shemoneh Esrei literally means "eighteen" (8+10), and originally there were eighteen blessings divided into three general types:

Praise - The first three blessings: Avot, Gevurot, and Kedushat HaShem.

Petitions - The next thirteen blessings: Da'at, Teshuvah, Selichah, Ge'ulah, Refu'ah, Birkat Hashanim, Kibbutz Galuyot, Birkat HaDin, Birkat HaMinim, Tsaddikim, Binyan Yerushalayim, Malkhut bet David, and Kabbalat Tefilah.

Thanks - The last three blessings: Avodah, Hoda'ah, and Sim Shalom.

Notice that this adds up to nineteen, not eighteen. The reason for this was that an additional "blessing" was added later, but the name Shemoneh Esrei was retained. For this reason it is more accurate to refer to the Shemoneh Esrei as the "Amidah" (standing) or "HaTefillah" (the prayer).





Amidah

- Praise -

1. Avot (Fathers)

אָוֹת

Baruch atah Adonai Elohenu veloheh avotenu Elohei Avraham, Elohei Yitzchak, veloheh Ya'akov. Ha'el hagadol hagibor vehanorah el elyon Gomel chasadim tovim vekoneh hakol v'zocher chasdeh avot umevi go'el livneh venehem l'ma'an sh'mo be'ahavah Melech ozer uMoshiah uMagen. Baruch atah Adonai Magen Avraham.

ברוך אתה יי אלהינו ואלהי אבותינו אלהי אברהם אלהי יצחק ואלהי יעקב האל הגדול הגבור והנורא אל עליון גומל חסדים טובים וקנה הכל וזוכר חסדי אבות ומביא גואל לבני בניהם למען שמו באהבה מלך עוזר ומושיע ומגן ברוך אתה יי מגן אברהם

Blessed are You, Oh L-rd our G-d and G-d of our fathers, the G-d of Abraham, the G-d of Isaac and the G-d of Jacob, the great, mighty and revered G-d, the Most High G-d who bestows loving-kindnesses, the Creator of all, who recalls the good deeds of the fathers and who brings a Redeemer to their children's children for His Name's sake, in love. Oh King, Helper, Savior and Shield. Blessed are You, Oh L-rd, the Shield of Abraham.





2. G'vurot (G-d's Might)

גבורות

Atah gibor l'olam Adonai m'chayeh metim atah rav l'hoshiyah
 Mechalkel chayim b'chesed mechayeh metim b'rachamim rabim
 somech noflim v'rofeh cholim umatir ashurim umikayem emunatoh
 lishneh afar mi Chamochah ba'al g'vurot umi domeh lach Melech memit
 um'chayeh umatzmiach Yeshua. V'ne'eman atah l'hachayot metim.
 Baruch atah Adonai m'chayeh hametim.

אתה גבור לעולם יי מחיה מתים אתה רב להושיע מכלכל חיים בְּחֶסֶד מְחַיֶּה מֵתִים
 בְּרַחֲמִים רַבִּים סוֹמֵךְ נוֹפְלִים וְרוֹפֵא חוֹלִים וּמְתִיר אֲשׁוּרִים וּמְקַיֵּם אֲמוּנָתוֹ לִישְׁנֵי עֶפְרַיִם
 כְּמוֹד בְּעַל גְּבוּרוֹת וּמִי דוֹמֵה לָךְ מְלֹךְ מִמִּית וּמְחַיֶּה וּמְצַמִּיחַ יְשׁוּעָה וְנִצְּאָמָן אֶתְּךָ לְהַכִּיֵּת מֵתִים
 בְּרוּךְ אַתָּה יי מְחַיֶּה הַמֵּתִים

You, Oh L-rd, are mighty forever. You are the Reviver of the dead, You are greatly able to save. You sustain the living in loving-kindness, You revive the dead with great compassion, You support the falling, heal the sick, set free the bound and keep faith with those who sleep in the dust. Who is like You, Oh Master of mighty deeds? Who compares to You, a King who puts to death and restores to life, and brings forth salvation? And You are faithful to revive the dead. Blessed are You, Oh L-rd, who revives the dead.

New Covenant tie-in - John 11:25: "I am the Resurrection and the Life".





3. Kedushat Adonai (The Holiness of G-d's Name)

קְדוּשַׁת יי

Atah Kadosh v'shimchah kadosh, uk'doshim b'chol yom y'hal'luchah
(Selah.) Baruch atah Adonai, Ha'El HaKadosh.

אַתָּה קָדוֹשׁ וְשִׁמְחָה קָדוֹשׁ וְקְדוּשִׁים בְּכֹל יוֹם יְהַלְלוּךָ סְלָה
בְּרוּךְ אַתָּה יי הָאֵל הַקָּדוֹשׁ

You are holy and your Name is holy, and your holy ones praise You
every day. Blessed are You, Oh L-rd, the G-d who is holy.





With a minyan (group of ten), Kedushat Adonai is recited responsively:

Cantor: We will sanctify Your name in this world just as it is sanctified in the highest heavens, as it is written by Your prophet: And they call out to one another and say:

Minyan: "Holy, holy, holy is the L-rd of hosts; the whole earth is full of His glory".

Cantor: And those facing them praise G-d saying:

Minyan: "Blessed be the Presence of the L-rd in His place".

Cantor: And in Your Holy Word it is written, saying:

Minyan: "The L-rd reigns forever, your G-d, Oh Zion, throughout all generations. Hallelujah".

Cantor: Throughout all generations we will declare Your greatness, and to all eternity we will proclaim your holiness. Your praise, our G-d, shall never depart from our mouth, for You are a great and holy G-d and King. Blessed are You, Oh L-rd, the holy G-d. You are holy, and Your name is holy, and your holy ones praise You daily. (Selah!) Blessed are You, Oh L-rd, the G-d who is holy.





- Petition -

4. Da'at (Knowledge)

דעת

Atah chonen l'adam da'at um'lamed l'enosh b'nah chonenu me'itchah d'ah b'nah v'haskel. Baruch atah Adonai, chonen hadda'at.

אָתָּה חוֹנֵן לְאָדָם דַּעַת וּמְלַמֵּד לְאֲנוֹשׁ בִּינָה תַּנְּנוּ מֵאֲתָּךְ דַּעַת בִּינָה וְהַסְכֵּל
בְּרוּךְ אַתָּה יְיָ חוֹנֵן הַדַּעַת

You show favor to a man of knowledge, and You teach understanding to a mortal man. Be gracious to us; a mind of understanding and intellect is from You. Blessed are You, Oh L-rd, Who favors us with knowledge.





5. Teshuvah (Repentance)

תְּשׁוּבָה

Hashivenu avinu l'toratechah vekar'venu malkenu l'avodatechah
v'hachazirenu bitshuvah shel'mah l'fanechah. Baruch atah Adonai,
harotseh bitshuvah.

הַשִּׁיבֵנו אֲבוּנוּ לְתוֹרַתְךָ וְקִרְבָּנוּ מִלְּפָנֶיךָ לְעֲבוֹדָתְךָ וְהַחְזִירֵנוּ בְּתַשׁוּבָה שְׁלֵמָה לְפָנֶיךָ
בְּרוּךְ אַתָּה יְיָ הַרוֹצֵה בְּתַשׁוּבָה

Return us, our Father, to Your Torah; draw us near our King to serve
You. Restore us to Your presence in complete repentance. Blessed are
You, Oh L-rd, Who desires repentance.





6. Selichah (Forgiveness)

סְלִיחָה

Selach lanu avinu ki chatanu mechal lanu malkenu ki pashanu ki mochel v'sole'ach atah. Baruch atah Adonai, chanun hamarbeh lislo'ach.

סְלַח לָנוּ אֲבוּינוּ כִּי חָטְאנוּ מְחַל לָנוּ מַלְכֵנוּ כִּי פָשַׁנוּ כִּי מִחַל וְסָלַח אַתָּה
בָּרוּךְ אַתָּה יְיָ חַנוּן הַמְרַבֵּה לְסִלּוּחַ

Forgive us, our Father, for we have sinned; pardon us, our King, for we have rebelled; for You are a pardoner and a forgiver. Blessed are you, Oh L-rd, the gracious One who abundantly forgives.





7. Ge'ulah (Redemption)

גְּאוּלָּה

R'eh v'onenu v'rivah r'venu uge'alenu meherah l'ma'an sh'mechah ki go'el chazak atah. Baruch atah Adonai, go'el Yisra'el.

רֵאֵה בְּעֵינֵינוּ וְרִיבָה רִיבֵנוּ וְגַאֲלֵנוּ מֵהָרָה לְמַעַן שְׂמֶךְ כִּי גּוֹאֵל חֲזַק אַתָּה
בָּרוּךְ אַתָּה יְיָ גּוֹאֵל יִשְׂרָאֵל

Behold our affliction and champion our cause, and redeem us speedily for the sake of Thy Name. Blessed are You, Oh L-rd, Redeemer of Israel.





8. Refu'ah (Healing)

רְפוּאָה

Refa'enu Adonai v'nerafeh hoshi'enu v'nivashe'ah ki tehillatenu atah v'ha'aleh refu'ah shelemah l'chol makotenu ki El Melech Rofeh ne'eman v'rachaman atah. Baruch atah Adonai, Rofeh choleh amoh Yisra'el.

רְפְּאוּנוּ יי וְנִרְפָּא הוֹשִׁיעֵנו וְנִוָּשֶׁה כִּי תִהְיֶה לָנוּ אֵתָהּ וְהַעֲלֵה רְפוּאָה שְׁלֵמָה לְכֹל מַכּוֹתֵינוּ כִּי אֵל
מֶלֶךְ רּוֹפֵא נְאֻמָּן וְרַחֲמָן אֵתָהּ
בְּרוּךְ אַתָּה יי רּוֹפֵא חוֹלֵי עַמּוֹ יִשְׂרָאֵל

Heal us, Oh L-rd, and we shall be healed; save us, and we will be saved, for the one we praise is You. Bring complete healing for all our sicknesses, (* at this point, you may interject a prayer for one who is ill, see above), for Oh G-d, for You are our faithful and compassionate Healer and King. Blessed are you, Oh L-rd, the Healer of the sick of Israel.





9. Birkat Hashanim (Prosperity)

ברכת השנים

Barech alenu Adonai Elohenu et Hashanah hazot v'et kol mineh
tevu'atah l'tovah v'ten b'rachah al p'neh ha'adamah v'sabenu
mituvechah uvarech shenatenu kashanim hatovot. Baruch atah Adonai,
Mevarech hashanim.

בָּרַךְ עָלֵינוּ יי אֱלֹהֵינוּ אֶת הַשָּׁנָה הַזֹּאת וְאֶת כָּל מִינֵי תְבוּאַתָּה לְטוֹבָה וְתֵן בְּרָכָה עַל פְּנֵי
הָאָדָמָה וְשַׁבְּנוּ מִטוֹבֶיךָ וּבְרָכָה שְׁנַתְנוּ כְּשָׁנִים הַטּוֹבוֹת
בָּרוּךְ אַתָּה יי מְבָרֵךְ הַשָּׁנִים

Bless for us, Adonai our G-d, this year and its crops. Grant us a blessing
on the earth. Satisfy us from Thy bounty and bless our year like other
good years. Blessed are You, Oh L-rd, Who blesses the years.





10. Kibbutz Galuyot (Ingathering of Exiles)

קיבוץ גלויות

T'kah beshofar gadol l'cherutenu vesah nes l'kabets galuyotenu
v'kabetsenu yachad me'arbah kanfot ha'aretz. Baruch atah Adonai,
Mekabetz nidcheh amoh Yisra'el.

תקע בשופר גדול לחרותנו ושא נס לקבץ גלויותינו וקבצנו יחד מארבע כנפות הארץ
ברוך אתה יי מקבץ נדחי עמו ישראל

Sound the great shofar for our freedom and raise a banner to gather our
exiles and unite us together from the four corners of the earth. Blessed
are You, Oh L-rd, who regathers the scattered of His people Israel.





11. Birkat HaDin (Restoration of Justice)

ברכת הדין

Hashivah shofetenu k'varishonah veyo'atsenu k'vatchilah v'haser mimenu yagon v'anachah umloch alenu atah Adonai l'vadchah b'chesed uv'rachamim v'tsadkenu bamishpat. Baruch atah Adonai, Melech Ohev tsedakah umishpat.

הַשִּׁיבָה שׁוֹפְטֵינוּ כְּבְרָאשׁוֹנָה וְיִוְעָצֵינוּ כְּבִתְחִלָּה וְהַסֵּר מִמֶּנּוּ יָגוֹן וְאַנְחָה וּמְלוֹךְ עָלֵינוּ אֲתָה יְיָ
 לְבַדְּךָ בְּחֶסֶד וּבְרַחֲמִים בְּצַדִּיקוֹתֵינוּ בְּמִשְׁפָּט
 בְּרוּךְ אַתָּה יְיָ מֶלֶךְ אוֹהֵב צְדָקָה וּמִשְׁפָּט

Restore our judges as at the early times, and advisors as there once were. Remove our sorrows and troubles: we want You, Adonai, to rule over us with kindness and compassion and to justify us in justice. Blessed are You, Oh L-rd, the King Who loves righteousness and justice.





12. Bikat HaMinim (Against Heretics)

בכַּת הַמִּינִים

V'lamalshinim al tehi tikvah v'chol harishah keregah toved v'chol oyvechah m'herah yikaretu v'hazedim m'herah te'aker utshaber utmager v'takni'ah bimherah v'yamenu. Baruch atah Adonai, Shover oyvim umachniah zaydim.

וְלַמְלַשְׁיָנִים אֵל תְּהִי תִקְוָה וְכָל הָרִשָּׁעָה כְּרֵגַע טוֹבֵד וְכָל אוֹיְבֵךְ מִהֲרָה יִכָּרְתוּ וְהַסִּידִים מִהֲרָה תִעֲקַר וְתִשָּׁבֵר וְתִמָּגַר וְתִכְנִיעַהּ בְּמִהֲרָה בְּיָמֵינוּ בְּרוּךְ אַתָּה יְיָ שׁוֹבֵר אוֹיְבִים וּמְכַנִּיעַ זַדִּים

And for slanderers let there be no hope, and may all the evil in an instant be destroyed and all Thy enemies be cut down swiftly; and the evil ones uproot and break and destroy and humble soon in our days. Blessed art You, Oh L-rd, who breaks down enemies and humbles sinners.





13. Tsaddikim (Righteous Ones)

צדיקים

Al hatsaddikim ve'al hachasidim ve'al zikneh amechah bet Yisra'el ve'al peletat sofrhem ve'al gereh hatsedek v'alenu y'hemu rachamechah, Adonai Elohenu, v'ten shachar tov l'chol habotechim b'shimchah be'emet v'sim helkenu imahem l'olam v'loh n'vosh ki v'chah batachnu. Baruch atah Adonai, mishan umiv'tach latsadikim.

עַל הַצְדִּיקִים וְעַל הַחֲסִידִים וְעַל זִקְנֵיהֶם עֲמֹד בֵּית יִשְׂרָאֵל וְעַל פְּלִיטַת סוֹפְרֵיהֶם וְעַל גְּרֵי הַצְדִּיק וְעַל יְהוּמוֹ רַחֲמֶיךָ יְיָ אֱלֹהֵינוּ וְתֵן שְׂכָר טוֹב לְכָל הַבוֹטְחִים בְּשִׁמְךָ בְּאַמֶּת וְשִׁים הֶלְכֵינוּ עִמָּךְ לְעוֹלָם וְלֹא נִבּוֹשׁ כִּי בָךְ בְּטַחְנוּ בְּרוּךְ אַתָּה יְיָ מִשְׁעֵן וּמִבְטָח לַצְדִּיקִים

Upon the righteous, upon the pious, upon the elders of your people of the house of Israel, upon the remnant of their scholars, upon the righteous converts, and upon ourselves, may Your compassion arise, Oh L-rd our G-d, and give good reward to all who sincerely believe in your Name. Include us with them forever, and let us not be ashamed, for we put our trust in You. Blessed are You, Oh L-rd, the stronghold and assurance of the righteous.





14. Binyan Yerushalayim (Rebuilding of Jerusalem)

בְּנֵי יְרוּשָׁלַיִם

V'yerushalayim irchah b'rachamim tashuv v'tishkon b'tochah ka'asher dibartah uvneh otah b'karov beyamenu banyan olam vekiseh David meherah l'tochah tachin. Baruch atah Adonai, boneh Yerushalayim.

וְיְרוּשָׁלַיִם עִירָךְ בְּרַחֲמִים תָּשׁוּב וְתִשְׁכּוֹן בְּתוֹכָהּ כַּאֲשֶׁר דִּבַּרְתָּהּ וּבְנֶה אוֹתָהּ בְּקֶרֶב בְּיָמֵינוּ
בְּנֵי עוֹלָם וְכִסֵּא דָוִד מְהֵרָה לְתוֹכָהּ תִּכְיֶן
בְּרוּךְ אַתָּה יְיָ בּוֹנֵה יְרוּשָׁלַיִם

Return in compassion to Your city, Jerusalem, and rest within it as You have said. Rebuild it speedily, and in our days, a structure forever. And may You establish the throne of David within Jerusalem speedily. Blessed are You, Oh L-rd, the Builder of Jerusalem.





15. Malchut Bet David (Kingdom of David)

מַלְכוּת בֵּית דָּוִד

Et tsemach David avdechah meherah tatsmi'ach v'karnoh tarum
b'shu'atechah ki lishuat'chah kivinu kol hayom. Baruch atah Adonai,
Matsmiach keren yeshuah.

אֶת צִמְח דָּוִד עֲבֹדָה מְהֵרָה תְצַמִּים וְקַרְנוֹ תְרוּם בְּיִשׁוּעָתְךָ כִּי לִישׁוּעָתְךָ קוִיֵּנוּ כָּל הַיּוֹם
בְּרוּךְ אַתָּה יְיָ מְצַמִּים קֶרֶן יְשׁוּעָה

May the Seed of David Thy servant flourish speedily and may You exalt
in Your salvation. For in your salvation do we hope all the day. Blessed
are You, Oh L-rd, Who brings forth the Horn of our salvation.





16. Kabbalat Tefillah (Acceptance of Prayer)

קַבֵּלֵת תְּפִלָּה

Sh'mah kolenu Adonai Elohenu chus v'rachem alenu v'kabel
b'rachamim uv'ratson et t'filatenu ki El shome'ah tefillot v'tachanunim
atah umil'fanechah Malchenu rekam al t'shivenu ki atah shome'ah
t'fillat am'chah Yisra'el b'rachamim. Baruch atah Adonai, Shomeah
t'fillah.

שִׁמְעֵ קוֹלֵנוּ יי אֱלֹהֵינוּ חוּס וְרַחֵם עָלֵינוּ וְקַבֵּל בְּרַחֲמִים וּבְרַצוֹן אֶת תְּפִלָּתֵנוּ כִּי אֵל שׁוֹמֵעַ
תְּפִלּוֹת וְתַחֲנוּנִים אַתָּה וּמִלְפָּנֶיךָ מֶלְכֵנוּ רִיקָם אֵל תִּשְׁיבֵנוּ כִּי אַתָּה שׁוֹמֵעַ תְּפִלַּת עַמֶּךָ יִשְׂרָאֵל
בְּרַחֲמִים
בְּרוּךְ אַתָּה יי שׁוֹמֵעַ תְּפִלָּה

Hear our voice, Oh L-rd our G-d, and have pity and mercy upon us and
accept in mercy and in favor our prayer, for You are a G- d Who hears
prayers and supplications. Do not turn us away from before You empty,
for in mercy You hear the prayer of Your people Israel. Blessed are You,
Oh L-rd, Who hears prayer.





- Thanks -

17. Avodah (Worship)

עבודה

Ritzeh Adonai Elohenu b'amchah Yisra'el uvitfilatam v'hashev et ha'avodah lid'vir betechah v'ishev Yisra'el utfilatam b'ahavah tikabel b'ratzon, utchi l'ratzon tamid avodat Yisra'el amechah. V'techezenah eynenu b'shuvchah l'Tziyon b'rachamim. Baruch atah Adonai, hamachazir sh'chinatoh l'Tziyon.

רצה יי אלהינו בעמך ישראל ובתפלתם והשב את העבודה לדביר ביתך ואשי ישראל
 ותפלתם באהבה תקבל ברצון ותהי לרצון תמיד עבודת ישראל עמך ותחזינה עינינו
 בשובך לציון ברחמים
 ברוך אתה יי המחזיר שכינתו לציון

Accept Your people, Oh L-rd our G-d, and receive their prayer. Restore the most holy service of Your house and accept in love the offerings and prayers of Israel. May it please You always to want to accept the service of Your people Israel. May our eyes see You return to Zion in mercy. Blessed are You, Oh L-rd, Who restores His Presence to Zion.





18. Hoda'ah (Gratitude)

הודאה

Modim anachnu lach sha'atah hu Adonai Elohenu v'Elohei Avotenu
l'olam va'ed Tzur chayenu magen yishenu Atah hu l'dor v'dor nodeh
l'chah u'naseper t'hilotechah al chayenu hamasurim b'yadechah v'al
nishmotenu hap'kodot lach v'al nisechah sheb'chol yom imanu v'al
nifl'otechah v'tovotechah sheb'chol et erev v'voker, v'tzaharayim Hatov
ki loh chalu rachamechah, v'hamrachim ki loh tamu Chasadechah
Me'olam kivinu lach.

V'al kulam, Yitbarach v'yitromam shimchah Malkenu tamid l'olam
va'ed. V'chol hachayim yodechah. (Selah.) V'ihalelu et shim'chah
be'emet. Ha'El y'shu'atenu v'ezratenu. (Selah.) Baruch atah Adonai,
HaTov shim'chah u'lechah na'eh l'hodot.

מודים אנחנו לך שאתה הוא יי אלהינו ואלהי אבותינו לעולם ועד צור חיינו מגן ישענו
אתה הוא לזר נדר בודה לך ונספר תהלתך על חיינו המסורים בידך ועל נשמותינו
הפקודות לך ועל נסיך שבכל יום עמנו ועל נפלאותיך וטובותיך שבכל עת ערב ובקר
וצהרים הטוב כי לא כלו רחמיך והמרחם כי לא תמו חסדיך מעולם קוינו לך
ועל כלם יתברך ויתרום שמך מלפנו תמיד לעולם ועד וכל החיים יודוך סלה ויהללו את
שמך באמת האל ישועתנו ועזרתנו סלה
ברוך אתה יי הטוב שמך ולך נאה להודות





We thank You, for it is You alone who is Adonai our G-d and the G-d of our fathers, forever and ever. You are the Rock and Shield of our salvation, You alone, from generation to generation. We thank You and tell of Your praise, for our lives are in Your hands and our souls are trusting in You. Every day Your miracles are with us. Your wonders and favors are at all times: Evening, morning, and afternoon. Oh Good One, Your compassions are never exhausted and Your kindnesses are continual. We put our hope in You.

For all these things we bless and exalt Your Name our King forever and ever more. And all the living shall confess You forever and praise Your Name in truth, Oh G-d of our salvation and our help forever! Blessed are You, Oh L-rd, "The Good One" is Your Name, and to You it is right to give thanks.





19. Sim Shalom (Establishing Peace)

שִׁים שְׁלוֹם

Sim shalom tovah uv'rachah chen vachessed v'rachamim alenu v'al kol Yisra'el amechah. Barchenu avinu kulanu k'echad b'or panechah ki b'or panechah natatah lanu Adonai Elohenu Torat chayim v'ahavat chesed, utzdakah uv'rachah v'rachamim v'chayim v'shalom v'tov b'enechah l'varech et am'chah Yisra'el b'chol et uv'chol sha'ah bishlomechah. Baruch atah Adonai Ham'varech et amo Yisra'el bashalom.

שִׁים שְׁלוֹם טוֹבָה וּבְרָכָה חֵן וְחֶסֶד וְרַחֲמִים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל עִמָּךְ בְּרַכְנוּ אָבִינוּ כְּלָנוּ
 כְּאַחַד בְּאוֹר פְּנֵיךְ כִּי בְאוֹר פְּנֵיךְ נִתְּתָ לָנוּ יְיָ אֱלֹהֵינוּ תּוֹרַת חַיִּים וְאַהֲבַת חֶסֶד וְצְדָקָה וּבְרָכָה
 וְרַחֲמִים וְחַיִּים וְשְׁלוֹם וְטוֹב בְּעֵינֶיךָ לְבָרֶךְ אֶת עַמָּךְ יִשְׂרָאֵל בְּכֹל עֵת וּבְכֹל שָׁעָה בְּשְׁלוֹמְךָ
 בְּרוּךְ אַתָּה יְיָ הַמְּבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בְּשְׁלוֹם

Grant peace, goodness, blessing, grace, kindness, and compassion upon us and upon all of Your people Israel. Bless us, our Father, all of us as one, with the light of Your face, for with the light of Your face, You gave to us, Adonai our G-d, the Torah of life and love of kindness, righteousness, blessing, compassion, life, and peace. And may it be good in Your eyes to bless Your people Israel at every time and at every hour with Your peace. Blessed are You, Oh L-rd, Who blesses His people Israel with peace.





Prayer after Amidah

Y'hiyu l'ratzon im'reh, im'reh fi, v'hegyon libi l'fanechah, Adonai tzuri, tzuri v'go'ali.

יְהִי לְרַצּוֹן אֱמֹרֵי אֱמֹרֵי כִּי וְהִגִּיזוֹן לִבִּי לְפָנֶיךָ יְיָ צוּרֵי צוּרֵי וְגֹאֲלֵי

May the words of my mouth and the meditations of my heart be acceptable unto You, Oh L-rd, my Rock and my Redeemer.

Bar'chu (After Readings)

Baruch atah Adonai, Elohenu Melech ha'olam, asher natan lanu Torat emet, v'chayeh olam natah b'tochenu. Baruch atah Adonai, noten HaTorah. Amen.

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת וְחַיֵּי עוֹלָם נְטִיעַ בְּתוֹכֵנוּ בָּרוּךְ
בָּרוּךְ אַתָּה יְיָ נוֹתֵן הַתּוֹרָה

Blessed are You, Oh L-rd our G-d, King of the universe, Who gave to us the Torah of truth and life everlasting set in our midst. Blessed are You, Oh L-rd, giver of the Torah. Amen.





Mourner's Kaddish

Yitgadal v'yitkadash sh'meh rabah b'almah di v'rah chiruteh, v'yamlich malchuteh b'chayechon uv'yomechon uv'chayeh d'chol bet Yisra'el, ba'agala uviz'man kariv, v'imru: Amen.

Y'heh sh'meh rabah m'varach l'alam ul'almeh almayah. Yitbarach v'yishtabach v'yitpa'ar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yit'halal sh'meh d'kud'sha b'rich hu, l'elah min kol birchatah v'shiratah, tushb'chatah v'nechematah, da'amiran b'almah, v'imru: Amen.

Y'heh sh'lamah rabah min sh'mayah, v'chayim alenu v'al kol Yisra'el. V'imru: Amen.

Oseh shalom bimromav, Hu ya'aseh shalom alenu, v'al kol Yisra'el. V'imru: Amen.

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא בְּעַלְמָא דִּי בְּרָא כְּרַעוּתֵיהּ וְיִמְלִיךָ מַלְכוּתֵיהּ בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן
 וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל בְּעַגְלָא וּבְזִמְן קָרִיב וְאָמְרוּ אָמֵן
 יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וְלְעַלְמֵי עַלְמַיָּא תְּבָרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמֵם וְיִתְנַשֵּׂא
 וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל שְׁמֵהּ דְקַדְשָׁא בְּרִיךְ הוּא לְעַלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחַתָּא
 וְנַחֲמַתָּא, דְאָמְרִין בְּעַלְמָא, וְאָמְרוּ אָמֵן
 יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן עֲשֵׂה שְׁלוֹם בְּמִרוֹמָיו
 הוּא יַעֲשֵׂה שְׁלוֹם עֲלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן





Glorified and sanctified be G-d's great Name throughout the world which He has created according to His Will. May He establish His Kingdom in your lifetime and during your days, and within the life of the entire house of Israel, speedily and soon; and say, Amen.

May His Great Name be blessed forever and to all eternity. Blessed and praised, glorified and exalted, extolled and honored, adored and lauded be the Name of the Holy One, blessed be He; beyond all blessings and hymns, praises and consolations that are ever spoken in the world; and say, Amen.

May there be abundant peace from Heaven, and life for us, for all Israel and for all the world; and say, Amen.

He who creates peace in His celestial heights; may He create peace for us, for all Israel and for all the world; and say, Amen.





The L-rd's Prayer

Avinu shebashamayim, yitkadesh shimchah. Tavo malchutechah ye'aseh r'tzonechah ba'aretz ka'asher na'asah vashamayim. Ten lanu hayom lechem chukenu. U'selach lanu et ashmatenu ka'asher solechim anachnu la'asher ashmu lanu. Ve'al tevi'enu lideh massah, ki im hatsilenu min hara. Ki lechah hamamlachah vehagevurah vevatiferet l'olemech olamim. Amen.

אָבִינוּ שְׁבַשְׁמַיִם יִתְקַדֵּשׁ שִׁמְךָ
 תָּבֵא מַלְכוּתְךָ יַעֲשֵׂה רְצוֹנְךָ בְּאֶרֶץ כְּאֲשֶׁר נַעֲשֵׂה בַשְּׁמַיִם
 תֵּן לָנוּ הַיּוֹם לֶחֶם חֻקֵּנוּ
 וְסַלַּח לָנוּ אֶת אֲשַׁמֹּתֵינוּ כְּאֲשֶׁר סַלַּחְתָּם אֲנַחְנוּ לְאֲשֶׁר אָשְׁמוּ לָנוּ
 וְאַל תְּבִיאֵנוּ לְיַדֵּי מַסָּה כִּי אִם הַצִּילֵנוּ מִן הָרָע
 כִּי לְךָ הַמַּמְלָכָה וְהַגְּבוּרָה וְהַתְּפָאֶרֶת לְעוֹלָמֵי עוֹלָמִים אָמֵן

Our Father who art in heaven, Hallowed be Thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever and ever. Amen.





Alenu

Alenu l'shabe'ach l'don hakol latet g'dulah l'yotzer b'reshit, sheloh asanu k'goyeh ha'aratzot v'loh samanu k'mish'p'chot ha'adamah sheloh sam chel'kenu kahem, v'goralenu k'chal hamonam. *Va'anachnu kor'im umish'tachavim umodim*, lif'neh Melech malcheh ham'lachim HaKadosh baruch hu.

Shehu noteh shamayim v'yosed aretz, umoshav y'karoh BaShamayim mimah al, ush'kinat uzoh b'gavheh m'romim, hu Eloheinu en od. Emet malchenu efes zulatoh kakatuv b'toratoh v'yadatah hayom vahashevotah el l'vavechah, ki Adonai hu Ha'Elohim BaShamayim mima'al v'al ha'aretz mitachat en od.

עָלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל לְתַת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית
 שְׁלֹא עָשָׂנוּ כְּגוֹיֵי הָאָרְצוֹת וְלֹא שָׁמְנוּ כְּמִשְׁפָּחוֹת הָאֲדָמָה שְׁלֹא שָׂם חֶלְקֵנוּ כִּהֵם וְגָרְלָנוּ כְּכֹל
 הַמּוֹנִים
 וְאֵנְחָנוּ כּוֹרְעִים וּמְשַׁתַּחֲוִים וּמוֹדִים לְפָנָי מֶלֶךְ מַלְכֵי הַמַּלְכִּים
 הַקָּדוֹשׁ בְּרוּךְ הוּא
 שֶׁהוּא נוֹטֵה שָׁמַיִם וְיֹסֵד אֶרֶץ וּמוֹשֵׁב יְקָרוֹ בְּשָׁמַיִם מְמַעַל וּשְׁכִינַת עֲזָו בְּגִבְהֵי מְרוֹמִים
 הוּא אֱלֹהֵינוּ אֵין עוֹד אִמַּת מְלַכְנוּ אֶפְס זִוְלָתוֹ
 כְּפָתוּב בְּתוֹרָתוֹ וַיִּדְעַת הַיּוֹם וְהִשְׁבַּת אֶל לְבַבָּךְ כִּי יְהוָה הוּא הָאֱלֹהִים בְּשָׁמַיִם מְמַעַל וְעַל
 הָאָרֶץ מִתַּחַת אֵין עוֹד





It is our duty to praise the Master of all, to ascribe greatness to the Molder of primeval creation, for He has not made us like the nations of the lands and has not emplaced us like the families of the earth; for He has not assigned our portion like theirs nor our lot like all their multitudes. *But we bend our knees, bow, and acknowledge our thanks* before the King Who reigns over kings, the Holy One, Blessed is He.

He stretches out heaven and establishes earth's foundation, the seat of His homage is in the heavens above, and His powerful Presence is in the loftiest heights. He is our G-d and there is none other. True is our King, there is nothing beside Him, as it is written in His Torah: 'You are to know this day and take to your heart that the L-rd is the only G-d - in heaven above and on the earth below - there is none other.'





Eishet Chayil

Eishet chayil mi yimtzah verachok mipeninim michrah batach bah lev ba'alah veshalal loh yech'sar. Gemalas'hu tov veloh rah kol yemeh chayehah. Dar'eshah tzemer u'fishtim vata'as bechefetz kapehah.

Hayesah ko'oniyos socher mimerchak tavi lachmah.

Vatakam be'od la'ila vatiten teref levesah vechok lena'arosehah.

Zamemah sadeh vatika'chehu miperi chapehah natah karem.

Chag'erah ve'oz mas'nehah vate'ametz zero'osehah. Ta'amah ki tov sachrah loh yich'beh bala'ilah nera. Yadehah shilchah vakishor vechapehah tamchu falech. Kapah par'esah le'ani veyadehah shil'echah la'evyon. Loh sirah levesa mishaleg ki chol besa lavush shanim.

Marvadim as'esa la shesh ve'argaman levushah. Nodah bashe'arim ba'alah beshivto im zikneh aretz.

Sadin as'esah va-timkor va-chagor nas'ena lakena'ani. Oz vehadar levushah vatis'chak leyom acharon. Pihah pas'echah vechachma vesoras chesed al leshonah. Tzofiyah halichos besa velechem atzlus loh sochel.

Kamu vanehah vaye'ash'eruhah ba'alah vayehal'elah. Rabos banos asu chayil vi'as alis al kulanah. Sheker hachen vehevel hayofi ishah yiras Adonai hi sis'halal. Tenu lah mipri yadehah vihaleluhah bashe'arim ma'asehah.



אִשֶׁת חַיִל מִי יִמָּצָא וְרָחֵק מִפְּנֵינִים מְכַרָּה
בְּטַח בָּהּ לֵב בַּעֲלָהּ וְשָׁלָל לֹא יִחָסֵר
גְּמַלְתָּהּ טוֹב וְלֹא רָע כֹּל יָמֵי חַיֶּיהָ
דַּרְשָׁה צָמֵר וּפְשָׁתִים וּתְעַשׂ בְּחֶפְזָא כַּפֵּיהָ
הִיטָה פְּאֻגִּיּוֹת סוֹחֵר מִמְּרַחֵק תְּבִיא לַחֲמָה
וּתְקַם בְּעוֹד לִילָה וּתְתַן טָרֵף לְבֵיתָהּ, וְחַק לְנַעֲרֹתֶיהָ
זְמָמָה שְׂדָה וּתְקַחְהוּ מִפְּרֵי כַּפֵּיהָ גִטְעָה כָּרֵם
חֲגֵרָה בְּעֹז מְתַגִּיהָ וּתְאַמֵּץ זְרוּעֹתֶיהָ
טַעֲמָה פִּי טוֹב סִחְרָה לֹא יִכְבֶּה בְּלִילָה נְרָה
יָדֶיהָ שְׁלֵחָה בְּפִישׁוֹר וְכַפֵּיהָ תִּמְכּוּ פָּלֶד
כַּפָּה פְּרִשָׁה לְעֵנִי וְיָדֶיהָ שְׁלֵחָה לְאַבְיוֹן
לֹא תִירָא לְבֵיתָהּ מִשְׁלֵג כִּי כֹל בֵּיתָהּ לְבֶשׂ שָׁנִים
מְרַבְּדִים עֲשֵׂתָהּ לָהּ שֵׁשׁ וְאַרְגָּמָן לְבוּשָׁה
נוֹדַע בְּשַׁעְרִים בַּעֲלָהּ בְּשִׁבְתּוֹ עִם זְקֵנֵי אֶרֶץ
סָדִין עֲשֵׂתָהּ וּתְמַכֵּר וְחֲגוֹר נִתְּנָה לְכַנְעֲנֵי
עֹז וְהִדָּר לְבוּשָׁה וּתְשַׁחֵק לְיוֹם אֲחֵרוֹן
פִּיהָ פְּתִיחָה בְּחֻכְמָה וְתוֹרַת חֶסֶד עַל לְשׁוֹנָהּ
צוֹפִיָּה הַלִּיכּוֹת בֵּיתָהּ וְלָחֵם עֲצָלוֹת לֹא תֹאכַל
קָמוּ בְּנֵיהָ וַיֵּאֱשְׁרוּהָ בַּעֲלָהּ וַיְהַלְלָהּ
רְבוֹת בָּנוֹת עָשׂוּ חַיִל וְאֵת עֲלִית עַל פִּלְגָהּ
שָׁקַר הַסֵּן וְהִבֵּל הִיפִי אִשָּׁה יִרְאַת יְיָ הִיא תִתְהַלֵּל
תָּנוּ לָהּ מִפְּרֵי יָדֶיהָ וַיְהַלְלוּהָ בְּשַׁעְרִים מְעֻשִׂיהָ



An excellent wife, who can find? For her worth is far above jewels. The heart of her husband trusts in her, and he will have no lack of gain. She does him good and not evil all the days of her life. She looks for wool and flax and works with her hands in delight. She is like merchant ships; she brings her food from afar. She rises also while it is still night and gives food to her household and portions to her maidens. She considers a field and buys it; from her earnings she plants a vineyard. She girds herself with strength and makes her arms strong. She senses that her gain is good. Her lamp does not go out at night. She stretches out her hands to the distaff, and her hands grasp the spindle. She extends her hand to the poor, and she stretches out her hands to the needy. She is not afraid of the snow for her household, for all her household are clothed with scarlet. She makes coverings for herself. Her clothing is fine linen and purple. Her husband is known in the gates, when he sits among the elders of the land. She makes linen garments and sells them, and supplies belts to the tradesmen. Strength and dignity are her clothing, and she smiles at the future. She opens her mouth in wisdom, and the teaching of kindness is on her tongue. She looks well to the ways of her household, and does not eat the bread of idleness. Her children rise up and bless her; her husband also, and he praises her, saying: "Many daughters have done nobly, but you excel them all." Charm is deceitful and beauty is vain, but a woman who fears the L-rd, she shall be praised. Give her the product of her hands and let her works praise her in the gates.

(Let all the men say): Amen





Ish Yareh Et Adonai

Halleluyah ashereh ish yareh et Adonai bemitsvotai chafets me'od gibor
 ba'arets yiyeh zaroh dor yesharim yiborach hon va'osher bebetoh
 vetsidkatoh omedet la'ad zarach bachoshek or lesharim chanun
 verachum vetsadik tov ish chonen umalveh yechalkel debarev bemishpat
 ki l'olam loh yimot lezecher olam yiyeh tsadik mishemu'ah ra'ah loh
 yirah nachon liboh batuach bevah samuch liboh loh yirah ad asher yireh
 betsarev pizar natan la'ebyonim tsidikatoh omedet la'ad karnoh tarum
 bekavod rashah yireh veka'as shinev yacharok venamas ta'avat
 reshayim tobed

הִלְלוּ יְיָ אֱשֶׁרֵי אִישׁ יִרְאֵת אֶת יְהוָה בְּמִצְוֹתָיו תִּפְּיץ מְאֹד
 גִּבּוֹר בְּאָרֶץ יִהְיֶה זָרוֹחַ דּוֹר יְשָׁרִים יִבְרָךְ
 הוֹן וְעֹשֶׁר בְּבֵיתוֹ וְצַדִּיקְתּוֹ עֹמֶדֶת לְעַד
 זָרַח בְּחֹשֶׁךְ אֹר לְיְשָׁרִים חֲנוּן וְרַחוּם וְצַדִּיק
 טוֹב אִישׁ חוֹנֵן וּמְלֵנָה יִכְלֹל דְּבָרָיו בְּמִשְׁפָּט
 כִּי לְעוֹלָם לֹא יִמוּט לְזִכָּר עוֹלָם יִהְיֶה צַדִּיק
 מְשֻׁמְעָה רָעָה לֹא יִירָא נְכוֹן לְבוֹ בְּטִחַ בֵּיהוָה
 סְמוּךְ לְבוֹ לֹא יִירָא עַד אֲשֶׁר יִרְאֶה בְּצַרְיֹו
 פִּזָּר נָתַן לְאֲבִיוֹנִים צַדִּיקְתּוֹ עֹמֶדֶת לְעַד קִרְנוֹ תְרוּם בְּכָבוֹד
 רָשָׁע יִרְאֶה וְכַעַס שָׁנְיוֹ יִחַרֵּק וְנִמְסַ תְּאוֹת רְשָׁעִים תֵּאבֵד





Praise the L-rd! Blessed is the man who fears Adonai, who greatly delights in His mitzvot. His descendants will be powerful on earth, a blessed generation of upright people. Wealth and riches are in his house, and his righteousness stands forever. To the upright he shines like a light in the dark, merciful, compassionate and righteous. Things go well with the man who is merciful and lends, who conducts his affairs with fairness; for he will never be moved. The righteous will be remembered forever. He will not be frightened by bad news; he remains steady, trusting in Adonai. His heart is set firm, he will not be afraid, until finally he looks in triumph at his enemies. He distributes freely, he gives to the poor; his righteousness stands forever. His power will be increased honorably. The wicked will be angry when they see this; they will gnash their teeth and waste away, the desires of the wicked will come to nothing.





Blessing Over The Children

For Boys:

Y'simchah Elohim k'Efrayim v'chah Menasheh.

יְשִׁימָךְ אֱלֹהִים כְּאֶפְרַיִם וְכִּמְנַשֶּׁה

G-d make you like Ephraim and Manasseh.

For Girls:

Y'simech Elohim k'Sarah, Rivkah, Rachel, v'Leah.

יְשִׁימָךְ אֱלֹהִים כְּשָׂרָה רַבֵּקָה רָחֵל וְלֵאָה

G-d make you like Sarah, Rebecca, Rachel and Leah.





For All Children:

Y'varechechah Adonai V'yishm'rechah. Ya'er Adonai panav elechah vichunekah. Yisah Adonai panav elechah v'yasem l'chah shalom.

יְבָרֵךְךָ יְהוָה וַיְשַׁמְרֵךְ
 יְאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחַנְךָ
 יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹם

The L-rd bless you and keep you. The L-rd make His face to shine upon you and be gracious unto you. The L-rd lift up His face upon you and give you peace.

B'Shem Yeshua Mishikenu, Sar ha Shalom. Amen.

בְּשֵׁם יֵשׁוּעַ מְשִׁיכֵנוּ שָׂר הָא שְׁלוֹם אָמֵן

In the name of Yeshua our Messiah, Prince of Peace. Amen.





Kiddush

This is no ordinary Kiddush. Kiddush is the blessing said for every meal. This Kiddush is Shulchan Adon - The Table of the L-rd. It is not said by rote. It is to be revered. It is holy unto the L-rd. That is why the Rav Shaul - the Apostle Paul said in 1 Corinthians 11:27-32 (NASB):

Therefore, whoever eats the bread or drinks the cup of the L-rd in an unworthy manner, shall be guilty of the body and the blood of the L-rd. But a man must examine himself, and in so doing he is to eat of the bread and drink of the cup. For he who eats and drinks, eats and drinks judgment to himself if he does not judge the body rightly. For this reason, many among you are weak and sick, and a number sleep. But if we judged ourselves rightly, we would not be judged. But when we are judged, we are disciplined by the L-rd so that we will not be condemned along with the world.

In the same manner in Matthew 5:23-24 (NASB) Yeshua said:

Therefore, if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering.





It is also stated in John 6:32-34:

Our fathers did eat manna in the desert; as it is written. "He gave them bread from heaven to eat." Then Yeshua said unto them, "Verily, verily, I say unto you, Mosheh gave you not that bread from heaven. For the bread of G-d is He which comes down from heaven, and gives life unto the world." Then said they unto Him, "L-rd, evermore give us this bread." And Yeshua said unto them:

Anochi hu l'chem hachayim.

אנחִי הֶלֶם הַחַיִּים

I am the bread of life.

Kol habah elai loh yir'av v'ah sheryah amin vi loyitz ma'od.

כֹּל הַבָּא עֵלַי לֹא יָרַעב וְאֵשְׁרִיא אִמֵּן וְיִלְוִיץ מְעוֹד

He that comes to me shall never hunger; and he that believes on me shall never thirst.

During that final Passover meal Yeshua took bread and after he said the blessing he broke it and passed the pieces around and said "This is my Body which is given for you."

Likewise he took the third cup, the Kos HaGular - The cup of redemption, and said "This is My blood of the covenant which is poured out for many for the remission of sins." For as often as you eat this bread and drink the cup, you proclaim the L-rd's death until He comes.





Hamotzi

Baruch atah Adonai, Elohenu Melech ha'olam, hamotzi lechem min ha'aretz. Amen.

ברוך אתה יי אלהינו מלך העולם המוציא לחם מן הארץ אמן

Blessed are You, Oh L-rd our G-d, King of the universe, who brings forth bread from the earth. Amen.

Kiddush

Baruch Atah Adonai, Elohenu Melech ha'olam, boray p'ri hagafen. Amen.

ברוך אתה יי אלהינו מלך העולם בורא פרי הגפן אמן

Blessed are You, Oh L-rd our G-d, King of the universe, who creates the fruit of the vine. Amen.





Oseh Shalom

Oseh shalom bimromav, hu ya'aseh shalom alenu, Ve'al kol Yisra'el, V'imru, imru. Amen.

Oseh shalom bimromav, hu ya'aseh shalom alenu, Ve'al kol Yisra'el, V'imru, imru. Amen.

Ya'aseh shalom, Ya'aseh shalom, shalom alenu v'al kol Yisra'el.

Ya'aseh shalom, Ya'aseh shalom, shalom alenu v'al kol Yisra'el.

Ya'aseh shalom, Ya'aseh shalom, shalom alenu v'al kol Yisra'el.

<p>עֲשֵׂה שְׁלוֹם בְּמַרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן עֲשֵׂה שְׁלוֹם בְּמַרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן יַעֲשֶׂה שְׁלוֹם יַעֲשֶׂה שְׁלוֹם שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל יַעֲשֶׂה שְׁלוֹם יַעֲשֶׂה שְׁלוֹם שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל יַעֲשֶׂה שְׁלוֹם יַעֲשֶׂה שְׁלוֹם שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל</p>

May the One who causes peace to reign in the high heavens let peace descent on us and on all Israel, and let us say: Amen





Aaronic Benediction

Y'varechechah Adonai V'yishm'rechah. Ya'er Adonai panavelechah vichunekah. Yisah Adonai panavelechah v'yasem l'chah shalom.

יְבָרֶכֶּךָ יְהוָה וַיְשַׁמְרֶךָ
יְאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחַנְנֶךָ
יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ וַיִּשֶׂם לְךָ שְׁלוֹם

The L-rd bless you and keep you. The L-rd make His face to shine upon you and be gracious unto you. The L-rd lift up His face upon you and give you peace.

Ken y'hi ratzon.

כֵּן יְהִי רָצוֹן

Yes, may it be so.

Shabbat Shalom!

שַׁבַּת שְׁלוֹם

